

SUMMER FAMILY FUN

CONQUER THE HILL 5K May 18, 9am

Fun, run, walk! Start at Edmonds-Woodway High School Down/Up big Main Street Hill. Register online at www.getmeregistered.com (through 4pm May 17) or in-person at the Frances Anderson Center (700 Main Street Edmonds). \$20 Early Bird, \$30 after May 13, registration on race-day space permitting. For more information call Edmonds Parks & Recreation 425-771-0230.

HEALTH & FITNESS EXPO May 18, 9:30am-12:30pm FREE!

Health & Wellness booths/activities, Conquer the Hill 5k (9am), Rubber Chicken Relays, Soccer Skills Clinic, Cheer Clinic, Brown Bag Lunch and North Sound Seawolves FC Opening Game (1pm). Organized by Edmonds Parks & Recreation, Move 60!, Swedish Edmonds, Edmonds School District 15, Edmonds Boys & Girls Club and North Sound Seawolves FC. For more information call Edmonds Parks & Recreation 425-771-0230.

PUBLIC LOW TIDE BEACH WALKS May 25, 11am-Noon and May 26, Noon-1pm FREE!

FREE! Join a Ranger-Naturalist for a one hour introduction to the intertidal community. Meet at Olympic Beach Visitor Station. Call 425.771.0227 for more information.

CANNONBALL/BELLY FLOP CONTEST July 12, 6pm

How big is your splash? This fun, annual event benefits the Edmonds Youth Scholarship Fund. For ages 5 and up. Winners from each age group will win a prize. \$5 entry fee. Held at Yost Pool 9535 Bowdoin Way, Edmonds WA 98026. For more information call Edmonds Parks & Recreation 425.771.0230.

CONCERTS IN THE PARK view schedule at www.edmondsartscommission.org FREE!

SUNDAYS, 3-4pm*, July 14-August 25

Edmonds City Park 3rd Ave S & Pine St

*Concerts canceled at 2:30pm in the event of rain.

Thank you Sponsors: Lynnwood Honda, Acura of Lynnwood

New! Hazel Miller Plaza Concerts

TUESDAYS FAMILY FRIENDLY, Noon-1pm, July 23-August 27

THURSDAYS, 5-6pm, July 11-August 29

Hazel Miller Plaza 5th Ave S & Maple St

Thank you Sponsor: Hazel Miller Foundation

SAND SCULPTING CONTEST July 23, 10am-12:30pm FREE!

Form a team or build on your own! Fun, free, amateur contest open to all ages. Sign up at Marina Beach at 10am and start building! Judging at Noon and awards at 12:30pm. Bring your buckets and shovels! *Sponsored by Nama's Candy Store.* For more information call Edmonds Parks & Recreation 425.771.0230.

EDMONDS OUTDOOR MOVIE NITES July 26 and August 2 FREE!

Join us at the Frances Anderson Center Playfield for a free, family night of movie entertainment. Bring your blanket or lawn chair to watch a blockbuster hit on a giant inflatable screen! The movie begins at dusk (around 9pm). Refreshments will be sold. For more information call Edmonds Parks & Recreation 425.771.0230.

July 26 Alvin and the Chipmunks: Chipwrecked (G)

Sponsored by Edmonds Family Medicine, Proliance & Edmonds Arts Commission

August 2 Back to the Future (PG)

Sponsored by Angie Bueing Farmers Insurance, Penny Berglund DDS, 1st Security Bank & Soundview Family Dental

MOONLIGHT BEACH ADVENTURE August 17, 7:30-9:30pm FREE!

Spend a memorable evening at Marina Beach! Enjoy an interpretive program, and see and touch live creatures brought to shore by volunteer scuba divers. Dress warmly; bring a flashlight. For more information call Edmonds Discovery Programs 425.771.0227.